



*We Walk...*

**To Raise Awareness and Create Discussion  
 To Foster Hope**

**To Support Suicide Prevention and Education**

September 2, 2009

Time: 6pm-9pm

Riverside Park, Guelph

Registration will also be available on the day of the event. Please show up to Riverside Park Band shell ready to walk! All are welcome to the event!

Charitable receipts will be available for donations over \$20

We ask that Walkers raise a minimum of \$15 in pledges to help cover event costs.

Walkers under 18 years of age must have a parent's signature.

Please send completed forms along with signed waiver and liability form to:

The Walk  
 P.O. Box 1027  
 Guelph, Ontario  
 N1H 6N1

September 2, 2009 Community Torchlight will be presenting a community concert, information tables and a fundraising walk starting at 6pm in Riverside Park.

Community dignitaries will be on hand to help kick-off **The Walk's** opening ceremonies. The event will also feature a concert with local musicians and children's activities. Closing ceremonies to include a candlelight vigil.

Two walk routes have been mapped out for participants ease. A 2.8km and 5km route with a rest stop at the YMCA Daycare on Kensington Avenue.

Questions please contact:  
 Phone: 519.821.3761  
 E-Mail: [info@thewalk.ca](mailto:info@thewalk.ca)  
 Visit: [www.thewalk.ca](http://www.thewalk.ca)

- Walk Routes begin and end at Riverside Park Bandshell.
- Walkers and volunteers will be receiving a t-shirt along with a "swag bag" for their participation in **The Walk 2009**.
- Walkers are encouraged to create 'teams' to walk with; registration of a team name is not required.

First /Last Name

Address

City

Province

Postal Code

Phone

E-Mail

Add my e-mail for updates!

Signature

Date

Please note that e-mail is the fastest way for us to send updates and the latest information regarding The Walk. Please check off the provided box to be added to our e-mail list.

(if under 18)

Guardian

Date

**Guelph**

- I would like to be a walker
- I would like to be a volunteer
- I am unable to attend, but would like to donate:  
 Amount: \$ \_\_\_\_\_